

The CBS Evening News logo is positioned in the bottom-left corner of the frame. It consists of the CBS eye symbol followed by the words "CBS", "EVENING", and "NEWS" stacked vertically in a bold, white, sans-serif font.

**CBS
EVENING
NEWS**





EXCEPTIONAL FAMILIES OF THE MILITARY

*Exceptional Assistance to Echo the Voices
of Exceptional Military Families*

OUR MISSION

Exceptional Families of the Military's mission is to connect military families with Disabilities, Special Healthcare Needs, or additional educational needs from all branches of the service in order to navigate within the Exceptional Family Member Programs and identify areas of improvement that affect the families we represent. Using the data we collect while simultaneously assisting our families, we endeavor to create long-lasting systematic changes in the laws and regulations that affect EFMP families.

WHO WE ARE



Exceptional Families of the Military (EFM) is a non-profit organization that specializes in helping DoD families enrolled in the Exceptional Family Member Program. The EFM staff is an all-volunteer staff with ties to the military and a relationship with an individual enrolled in EFMP or that has a disability.

At Exceptional Families of the Military, we provide services to military families utilizing a one-of-a-kind system that we call
“The Three Pillars of Support”

Government Policy and Legislation Reform

We acknowledge that wide-sweeping change is needed across all branches of the military. Our legislative priorities work to assure that changes are made that benefit all military families affected.

We acknowledge that military families move frequently leaving behind their supports. Our Peer-to-Peer support groups are a place of safety for military families, to ask for advice and support from others living through similar experiences. We have support groups for:

- Local installations
- National Level groups
- Adult EFMP Support
- Autism Specific Support
- Providers and Professionals working with EFMP Families

Case Management

When families have exhausted all possible solutions to their problems we endeavor to teach them how to advocate for themselves and when necessary advocate on their behalf.

COALITIONS AND COLLABORATIVES

We are proud to be a part of a number of coalitions and collaboratives that support our military families wherever they may find themselves in life.

Exceptional Families of the Military has joined:

- The Tricare for Kids Coalition
- The White Oak Collaborative
- The EFMP Coalition
- The Hidden Helpers Coalition



EXCEPTIONAL FAMILIES OF THE MILITARY NETWORK PARTNERS PROGRAM

Exceptional Families of the Military endeavors to lead the way in all programming that affects military families living with a loved one with a disability. Through our Network Partners Program, we work with organizations to meet the unmet needs of families. When a family sees an organization with a Network Partners Seal, they can be assured that Exceptional Families of the Military supports the organization and believes it to be working in the best interest of military families.

Current Network Partners include but are not limited to:

- Armed Forces Housing Advocates
- Hands and Voices Military Project



ONLINE DOWNLOADABLE CONTENT

PCS Checklist



- As soon as you have orders or know that you are on orders, start researching medical providers that accept TRICARE in your new duty station. Make a list of those places and notate the specialties you can't locate.
- Contact your [local EFMP Family Support Office](#) and ask them to complete a DD Form 3054, EFMP Family Needs Assessment. When they call you to fill this out, share what you are concerned about in this PCS and the list of any providers you either found or were unable to find.
- At least 45 days out, request a copy of your family's medical records from your MTF and make sure that you have access to any of your civilian medical records via their online patient portals or apps.
- Visit [Plan My Move](#) at Military Onesource and create your custom move checklist.
- Exceptional Families of the Military has a [downloadable EFMP member binder](#) that can be printed for families. Download the pages that you find helpful and create binders for your EFMP Family Members or add the pages you think fit your needs to your move binder.
- If you need ADA housing or special requests for your home at your new duty station, get on the list as soon as possible and ask what documentation you need for any reasonable accommodation request. Take that information to your local care team and ask them to complete it.
- If your EFMP family member has medical equipment such as a medical bed, wheelchair, and other medical supplies, including backup formula feeding bags, etc, you can apply for a waiver for the weight associated with that medical equipment. According to the [Joint Travel Regulations \(JTR\)](#): *"For medical equipment to qualify for shipment under this paragraph, an appropriate Uniformed Services healthcare provider must certify that the equipment is necessary for medical treatment of the Service member or the dependent who is authorized medical care under 10 U.S.C. §1071§1110"*. The request for this letter can be made with the letter request for housing should your EFMP family member require both. You will need to provide the weights of the items to your local transportation office. For large equipment, you can find the weights listed by the manufacturer. Search online to find the weight and multiple by the quantity for smaller items. A spreadsheet can be very helpful for this process.

Lastly, remember to breathe. PCS moves are hard for everyone, but they are even harder for our families.

EFMP Binder

EXCEPTIONAL FAMILY MEMBER BINDER

Exceptional Families
of the Military



One Community,
One Voice

116K
FACEBOOK
POST VIEWS

From April 2021 to April 2022

9.3K
FAMILIES SERVED IN
PEER-TO-PEER SUPPORT

As of April 2022

13.7K
FACEBOOK
FOLLOWERS

As of April 2022

10.6K
WEBSITE
HITS

From April 2021 to April 2022

2.8K
TWITTER
PROFILE VIEWS

Average Monthly

10-12K
TWEET
IMPRESSIONS

Average Monthly

CONTACT US



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