



**WANTED**  
Licensed  
professionals  
across the US  
and beyond!

Clinically proven to  
help families with  
children ages 3-13  
living with PAE/FASD!

## Become a Families Moving Forward Specialist!

FMF Specialists are approved to deliver FMF, an evidence-based intervention clinically proven to help families, and their children, ages 3-13 years, living with prenatal alcohol exposure (PAE) or fetal alcohol spectrum disorders (FASD)

### FMF Specialist Training

Wednesdays Aug 30 - Sept 27

& Friday Sept 1, 2023

10:30AM - 4:30PM EDT

\$2,500

*For master's level professionals in counseling, social work, psychology or related fields, working with families with children living with PAE/FASD, in person or via telehealth*

1

#### FMF SPECIALIST TRAINING

6-day, 30hr, live, online course,  
\$2500, Earn 30 CE's in Florida

2

#### FMF INTERVENTION FIDELITY TRAINING

Ten 1hr virtual consultations as you see your first clients; \$150/hr

3

#### APPROVED FMF SPECIALIST

Independently deliver the FMF Program in person or via telehealth

[Request Application Here](#)

Training is offered under the auspices of The Florida Center Training Institute in association with the Families Moving Forward Program Office.

# FAMILIES MOVING FORWARD PROGRAM

The Families Moving Forward (FMF) Program aims to help children who have concerning behavior problems and are affected by prenatal alcohol exposure (PAE), with or without a fetal alcohol spectrum disorder (FASD) diagnosis. FMF combines a positive behavior support (PBS) approach with motivational interviewing (MI), and cognitive behavioral therapy (CBT) to help parents better understand the difficulties faced by children because of their neurological differences when living with FASD or affected by PAE. FMF uses scientifically validated strategies to help parents change their own knowledge and attitudes, leading to improvements in their child's behavior.

## FMF SPECIALIST TRAINING

The Families Moving Forward (FMF) Specialist Training six-day course, and ensuing 10-hour intervention fidelity training, teaches professionals to deliver the FMF Program as an FMF Specialist.

- 1 FMF SPECIALIST TRAINING**  
6-day, 30hr, live, online course, \$2500, 30 CEs approved in Florida
- 2 FMF INTERVENTION FIDELITY TRAINING**  
Ten 1hr virtual consultations as you see your first clients; \$150/hr.
- 3 APPROVED FMF SPECIALIST**  
Independently deliver the FMF Program in person or via telehealth.

## FMF TRAINER **Anika Trancik, Ph.D., Neuropsychologist and FASD Expert**



Dr. Trancik is a licensed child clinical psychologist who specializes in FASD diagnosis, treatment, and prevention, with over a decade of research experience in the field. She served as a Neuropsychologist on the Florida Center for Early Childhood FASD Clinic team for 14 years. Florida Center's FASD Clinic is the State's first and only state-wide diagnostic and intervention clinic. Her career in the field of FASD began 20 years ago while enrolled in graduate school at the University of Washington. During that time she assisted Dr. Carmichael Olson in developing the FMF Program as a scientifically-validated FASD intervention. She is now the primary FMF trainer on the East Coast.

## TAKEAWAYS

- Six days of virtual, comprehensive training including didactics, role-play, readings, videos, and cooperative discussion
- Learn scientifically validated strategies to help children living with PAE and/or FASD and their families Gain a thorough understanding of FASD & PAE, including associated stigma
- Access to the online FMF Portal for full intervention materials specifically designed for this clinical population
- Practice in role-play of actual session materials to become comfortable with the clinical process
- Become a PAE & FASD-informed provider

30.0 hours approved by the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling for Licensed Clinical Social Workers, Licensed Marriage and Family Therapists, Licensed Mental Health Counselors, and Certified Master Social Workers through CEBrokers.

## Request Application

Questions? Contact: Shaun Hoyle, Director of Training and Professional Development  
[training@thefloridacenter.org](mailto:training@thefloridacenter.org)