

FASD UNITED FAMILY NAVIGATOR

fasdunited.org/family-navigator

Call 800-666-6327



FASD United

Family Navigator

Who we are

All of our Family Navigators are caregivers themselves, bringing lived experience to every interaction from a place of personal understanding. The Family Navigator program provides help to individuals living with FASD, their family members, caregivers, professionals and individuals who are not or did not plan to become pregnant. ***This is a free and confidential service.***

How we can help affiliates

Think of The Family Navigators as an extension of your organization.

Resource Sharing: Navigators can provide affiliates with up-to-date information, resources, and services relevant to FASD, enhancing the affiliates' capacity to support their communities.

Networking and Collaboration: By connecting affiliates with a broader network of professionals and resources, Navigators can facilitate collaborations and partnerships that amplify the impact of FASD-related initiatives.

Community Outreach and Engagement: The navigators can assist affiliates in effectively reaching out to and engaging with their local communities, raising awareness about FASD and available support services.

Navigators are happy to share valuable information with families and professionals, including updates on events and other relevant activities.

Benefits

The service is confidential and offered at no cost to everyone.

Personalized Support: Offers one-on-one peer support, ensuring individualized attention and guidance.

Expert Resources and Referrals: Provides access to a wealth of resources and services tailored to the specific needs of those affected by FASD.

Wide Accessibility: Available via phone during extended hours, ensuring support is accessible when needed.

Educational Outreach: Offers information about prenatal alcohol exposure and other facets of FASD, enhancing awareness and understanding.

Vetted resources : verifying existing resources and seeking out new, reliable options to ensure the highest quality of support.

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Who we serve

Individuals living with FASD and their family members, seeking support and guidance.
Caregivers of those with FASD, looking for resources and assistance.
Professionals who serve the FASD community or who require information on alcohol or substance use and pregnancy.
People who are pregnant or intending to become pregnant, and have questions about alcohol or substance use.

What are people looking for ?

State Resources
Support Groups
Help with Diagnosis
Mental Health Services
Educational Support
Financial Assistance
Training about FASD
Legal Resources
Residential Programs
Specialized Housing
Transition to Adulthood
Camps and Activities
Healthy Pregnancies
Substance Use Support



Contact us

PHONE

A Family Navigator can be reached from 9am-10pm Eastern Time, Monday through Friday, Call 800-666-6327

EMAIL

Fill out the form available at, fasdunited.org/family-navigator