



Widening the Circle: Resource Starter Packet

FASD UNITED'S ADVOCACY NETWORK DIVERSITY & EQUITY WORK
GROUP

The resources here are culled for you from a multitude of options and are intended as a sampler for you to explore, as your time allows, your curiosity calls, and your priorities dictate.

FASD United's Widening the Circle efforts are designed to build on knowledge, understandings, and tools that FASD advocates, providers, and researchers have developed over decades, to consider and then put into action what it means to YOU to be an advocate for equity and inclusion on behalf of people with FASD.

If you are ready to think about “now what, what is a next step for me and my organization?,” we hope the packet will make it easier for you to pull together a short presentation or conversation about this topic, whether with your colleagues, your board, or your community.

Glossaries...

[Comprehensive Glossary of Terms Related to Diversity, Equity, Inclusion and Belonging](#)

[Racialequitytools.org](https://racialequitytools.org)

Racial Equity Tools Glossary, MP Associates, Center for Assessment and Policy Development, and World Trust Educational Services, December 2023.

[Reframing Autism: Comprehensive Glossary of Terms Related to Neurodiversity](#)

reframingautism.org

[World Institute on Disability: Comprehensive Glossary](#)

[Wid.org](https://wid.org)

Articles...

[Unconscious Bias: 16 Examples and How to Avoid Them in the Workplace](#)

By Bailey Reiners, updated by Brennan Whitfield (Builtin.com 2024)

[Are you an Extrovert, Introvert or Ambivert?](#)

By Vanessa Van Edwards (ScienceofPeople.com 2024)

[Generational Differences in the Workplace](#)

(purdueglobal.edu)

Articles...

[Spanish Dialects: Different Kinds of Spanish Around the World](#)

(Ehlion Language Consultancy, ehilon.com)

[How Latinx united – and divided – a community seeking to redefine itself](#)

By Paulina Villegas (Washington Post 4/2/2023, washingtonpost.com)

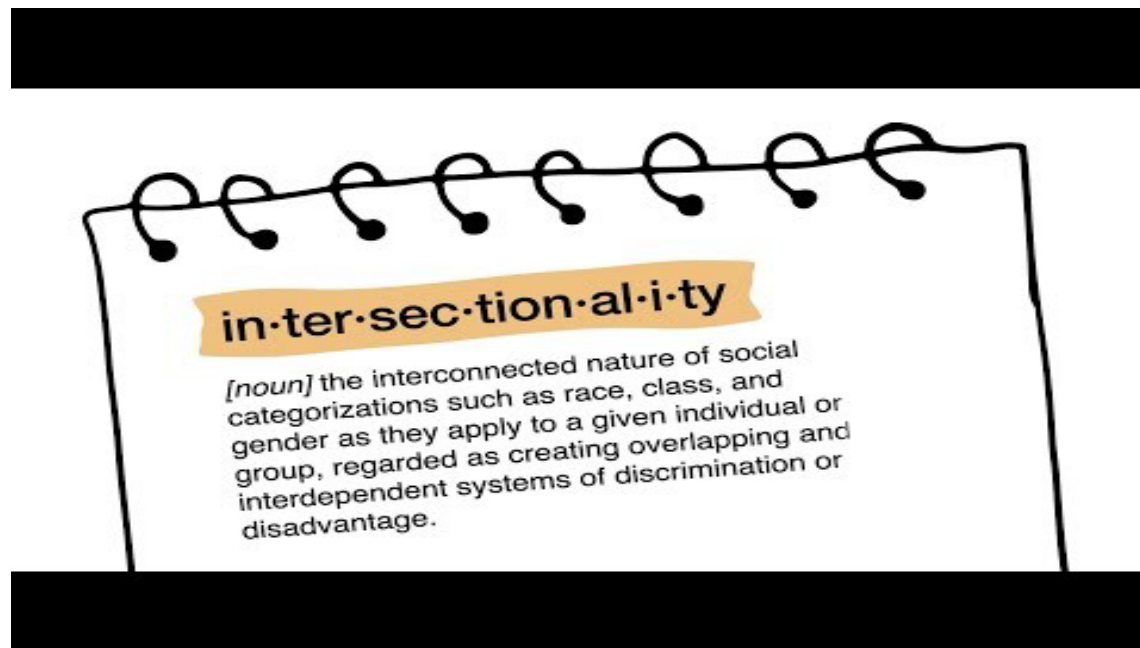
What are the Five Love Languages? By Sherri Gordon (Very Well Mind 2/5/2024, verywellmind.com)

Identify your primary Love Language in the section [“How to Identify Your Love Language”](#) that contains a link to a quick online quiz.

For an updated [Seven Love Languages](#) (truity.com)

Videos...

[CDC–Intersectionality](#) Centers for Disease Control and Prevention (2:15 min)



Videos...

[Disability is Intersectional](#) Ford Foundation—Keri Gray (2:12 min)



Videos...

[Health Equity—clarifying the terms](#) Visual-e-learning (39 seconds)



Podcast...

Hidden Brain, host and Executive Editor Shankar Vedantam

There are an array of episodes on topics that may interest you. Check these out for starters!

[*How Your Beliefs Shape Reality*](#) (with Psychologist Jer Clifton)

[*Revealing Your Unconscious Part 1*](#) (with Psychologist Mahzarin Banaji)

[*Revealing Your Unconscious Part 2*](#) (with Psychologist Mahzarin Banaji)

[*Thriving in the Face of Contradiction*](#) (with Psychologist Wendy K. Smith)

[*Who is in Your Inner Circle?*](#) (with Economists Luigi Pistaferri and Matthew Jackson)

Online tools...

- [National Equity Project](#)
- [Racial Equity Tools](#)
- [The Othering & Belonging Institute](#)
- [National Council on Independent Living Resources](#)

Each of us brings vital experience and knowledge to issues of diversity, equity, inclusion, and belonging (DEIB). We also bring a capacity to learn and grow. Each of us will determine which elements of DEIB best serve us in broadening our reach and deepening our impact in our particular arena within the FASD space.

Consider moving forward with a small step, because often that is not only the easiest way to get started but also the most sustainable way to continue – steady small steps. One of the most important findings from data gathered at FASD United’s Widening the Circle Day in 2023 was that *even short exposure to a given topic or concept (a video snippet and reflection afterwards) was impactful in terms of participants’ learning and gaining familiarity with the topic.*

We hope you will find this packet helpful and we welcome your feedback and suggestions!

To learn more about FASD United's Widening the Circle Initiative, please contact FASD United's Network Director: Susan Elsworth at elsworth@fasdunited.org

Visit FASD United:

