

Give **FASD** a Seat at the Table

Affiliate Monthly Meeting
July, 2026



FASD United
Affiliate Network



**Getting to Know Our
Region**



Welcome!

For attendance, please put your full name and Affiliate name in the chat.





Updates from FASD United



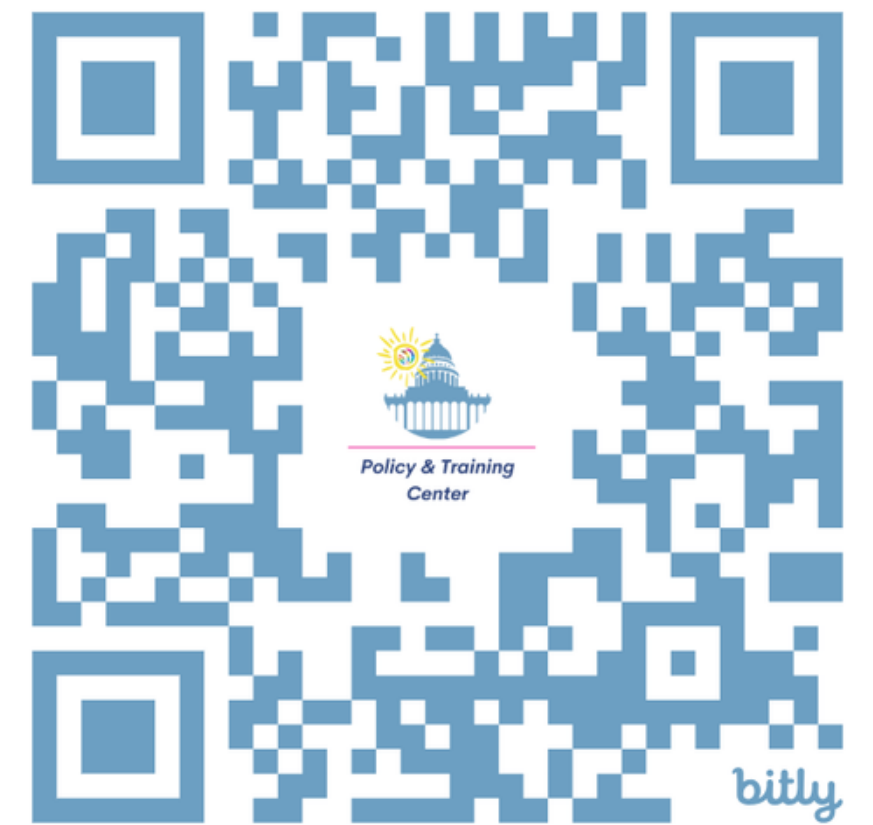
FASD United
Affiliate Network



What Happens Now?

NEXT POLICY FORUM:

JULY 22, 2026



JOIN THE FASD UNITED POLICY FORUM

BIT.LY/POLICYFORUM26



Affiliate Network Updates



FASD Awareness Month Media Templates



Access Media & Where You're At
Session Recording

For questions, email Sophie Sissi
at Sissi@FASDunited.org



Welcome to Your Seat at the Table

New Affiliate Orientation



*Recording Available
Scan QR Code OR Access
Through Follow-Up Email*

FASD
NATIONAL
IMPACT
WEEK

2026

SEPTEMBER 27-30, 2026

Join us
&
Make an
Impact

CALL FOR ABSTRACTS DEADLINE EXTENDED

IMPACT WEEK POSTER EXHIBITION

SEPTEMBER 27TH DURING
NATIONAL IMPACT WEEK.



**SUBMISSIONS NOW
DUE BY JULY 31**



ACTION ITEM!



Impact Week Mini Grants – \$700

Eligibility Requirements:

- Be an Affiliate in good standing.
- Attend all events during Impact Week (unless discussed with Affiliate Director)
- Apply for mini-grant before September 9th (before Impact Week)

Mini-grants are disbursed after Impact Week.



State Data Sheets

Updates for 2026

Sarah Brown
Director of Program Services

History of State Data Sheets

**'23-
'24**

Data collection

**Summer
2024**

Affiliate Review

**Fall
2024**

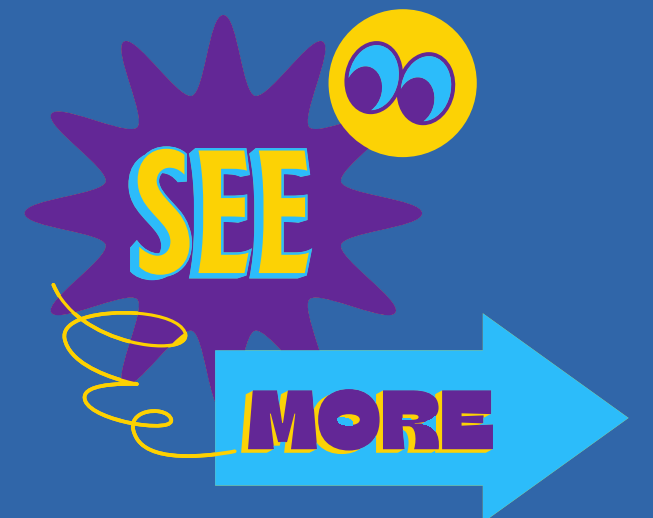
State Data Sheets published

Now **Next iteration of State Data Sheets**



First Round – Data

- Is information about FASD included on the Department of Health's website?
- Is FASD included in the definition of developmental disability?
- Do people with FASD qualify for waiver services?
- Is FASD recognized by name for Special Education services?
- Is the rate of alcohol-exposed pregnancies tracked?



First Round – Data

- Is a warning sign for alcohol sales required?
- What percentage of people binge drink?
- What percentage of pregnancies are unintended?
- How many pregnancies are exposed to alcohol? (Nationwide)
- Is there an Affiliate Network member?

How is **FASD** Recognized in the State of **Iowa**?

FASD stands for fetal alcohol spectrum disorders, a range of disabilities caused by prenatal alcohol exposure (PAE). As many as 1 in 20 children in the United States have an FASD. To learn more, visit FASDUnited.org



FASD is not recognized by the State Department of Health.

Information about FASD is not available on the Iowa Health & Human Services website.



The state does not include FASD in its definition of Developmental Disability.



People with FASD may qualify for waiver services through the State.

Although FASD is not a named condition, a person with FASD may still qualify. There is no IQ cutoff for waiver services, and individuals have to be diagnosed prior to age 22.



FASD is not recognized by name in the state for Special Education services.

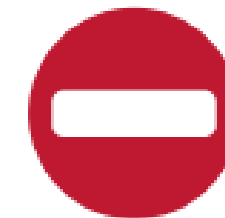
FASD is not specifically listed as a condition to qualify for Special Education.



The state tracks rates of alcohol-exposed pregnancies.

Questions about prenatal alcohol use are asked in the state's PRAMS survey.

How Are Alcohol-Free Pregnancies Supported in Iowa?



The state does not require a warning sign for alcohol sales.

Warning signs about the risks associated with prenatal alcohol exposure are not required for alcohol sales.



22% of people binge drink.

Binge drinking is especially risky, whether or not someone is pregnant. Reducing alcohol use can improve health outcomes.



43% of pregnancies are unintended.

Prenatal alcohol exposure can happen before pregnancy is confirmed. When pregnancy is unintended, this may take at least 4-6 weeks, and many people continue drinking during this time.



13.5% of pregnancies in the United States are exposed to alcohol.

Effects are lifelong and can include mental health conditions, learning disabilities, sensory issues, and physical manifestations such as heart defects, hearing and visual impairments, and more.

Sources:

- May, PA, Chambers, CD, Kalberg, WD, Zellner, J, Feldman, H, Buckley, D, et al. (2018) Prevalence of fetal alcohol spectrum disorders in 4 US communities. *JAMA*. 319(5):674-82.
- Gosselin IK, Deputy NP, Kim SY, Dang EP, Denny CH. Alcohol Consumption and Binge Drinking During Pregnancy Among Adults Aged 18-49 Years — United States, 2016-2020. *MMWR Morb Mortal Wkly Rep* 2022;71:10-13.
- Alcohol Policy Information System. (2023) Warning Signs: Drinking During Pregnancy. <https://alcoholpolicy.niaaa.nih.gov/api-policy-topics/warning-signs-drinking-during-pregnancy/24>
- Centers for Disease Control. (2024). BRFSS Prevalence & Trends Data. <https://www.cdc.gov/brfss/brfssprevalence/>
- Guttmacher Institute. (2016). State Facts About Unintended Pregnancy: Iowa. https://www.guttmacher.org/sites/default/files/factsheet/ia_8_0.pdf

Published 9/2024

Learn More About FASD:



Affiliate Feedback

- Wording about **definition of developmental disability is confusing**; people with FASD may qualify even if it's not explicitly named. Need to make this clearer
- For tracking rates of PAE, consider this wording: "The state tracks the annual prevalence of alcohol-exposed pregnancies."
- Consider a red circle with an exclamation mark instead of the yield sign, or yellow rather than red.

Affiliate Feedback

- Include footnotes or links so it's **easier to access sources/citations**.
- Backside should either have the question reformatted or take a more **strengths-based approach**.
- Don't use nationwide stats; stick to **state specific**

Second Round – Data

- Is information about FASD included on the Department of Health's website?
- Is FASD included in the definition of developmental disability?
- Is FASD a named condition for Medicaid waivers?
 - *Changed from "Do people with FASD qualify for waiver services?"*
- Is FASD recognized by name for Special Education services?
- Is the rate of alcohol-exposed pregnancies tracked?

- Is there an Affiliate Network member?
- What percentage of pregnancies are unintended?
- What percentage of people binge drink?
 - **NEW!** Has that increased or decreased since the last data collection?
- **NEW!** How many pregnancies are exposed to alcohol? (State-specific)
- **NEW!** How many diagnostic clinics are there for FASD?
- **NEW!** How many people are estimated to have an FASD?
- **NEW!** Is there a state coordinator or advisory committee for FASD?

DRAFT

FASD & Minnesota

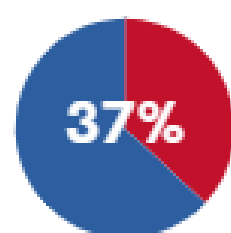
FASD stands for fetal alcohol spectrum disorders, a range of disabilities caused by prenatal alcohol exposure (PAE).

To learn more, visit FASDUnited.org

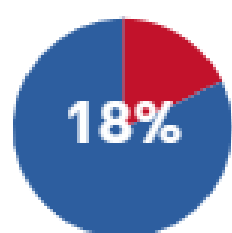
In Minnesota, 27% of pregnancies are exposed to alcohol.¹



This is **higher** than the national average of 15.2%.² Prenatal alcohol exposure can cause lifelong effects, including behavioral, learning, and physical problems, which vary in severity from mild to severe.³



of pregnancies in MN are unintended⁴



of people in MN binge drink⁵

Taking action to reduce binge drinking and prevent unintended pregnancy can result in improved health outcomes and reduce the rates of prenatal alcohol exposure.



1 in 20 Americans has an FASD.⁶

An estimated 291,520 people in MN have an FASD.⁷

MN has 9 diagnostic clinics for FASD.⁸

There are not currently enough diagnostic sites to meet community needs.

Despite the prevalence of FASD, resources are limited.



FASD is not named in the definition of developmental disability. It is also not a named condition for Medicaid waivers.

Although FASD is not a named condition, a person with FASD may still qualify. However, explicitly including FASD in legal definitions and statutes can help impacted people access meaningful resources more easily and accessibly.

Public health information on FASD needs to be shared.

The Minnesota Department of Health website includes information about FASD. Sharing this information can improve awareness across communities.

Support in education is limited.

Students with FASD may qualify for an IEP under "Other Health Impairment" or "OHI." However, because FASD is not a named condition, supports and services may not accurately reflect the needs of impacted students.

Take action to support people with FASD:

Expand the FASD-informed services in your state.

Support your local FASD United Affiliates: ElevaCare, Families Rising, and Proof Alliance. Advocate for the creation of a state advisory committee on FASD. **Scan the QR code to get involved with FASD advocacy.**



Sources

1. Minnesota Department of Health. (2022). MN PSAMS.
2. Thomas, S.A., Gordis, L.E., Teague, M., Kim, S.Y., & Deputy N.P. (2022). Alcohol consumption during pregnancy among women aged 18–49 years—United States, 2011–2021. *MMWR Morbidity and Mortality Weekly Report*, 71(28–29). DOI: <https://doi.org/10.15585/mmwr.mm7128a2>
3. Centers for Disease Control and Prevention (CDC). (2022). About fetal alcohol spectrum disorders (FASDs). www.cdc.gov/fasd/about/index.html
4. Minnesota Department of Health. (2022). MN PSAMS.
5. CDC. (2022). BBSIS Prevalence & Trends Data. <https://www.cdc.gov/bbsis/bbsisprevalence/>
6. May, P. A., Chambers, C. D., Kolberg, W. O., Zeller, J., Feldman, H., Buckley, D., Kopold, D., Haslam, J. M., Xu, R., Howland-Smith, G., Taux, H., Manning, M. A., Robinson, L. E., Adams, M. P., Abdel-Rahman, O., Vaux, K., Jewett, T., Elliott, A. J., Kable, J. A., Alkassab, N., ... Hoynes, H. E. (2018). Prevalence of fetal alcohol spectrum disorders in 4 US communities. *JAMA*, 319(5), 476–482. <https://doi.org/10.1001/jama.2017.21804>
7. United States Census Bureau. (2022). Annual estimates of the resident population for the United States, regions, states, District of Columbia and Puerto Rico: April 1, 2020 to July 1, 2022 (NST-EST2022-POP). <https://www.census.gov/data/tables/time-series/demo/popul/2020s-state.html>
8. FASD United. (2022). Resource Directory. <https://fasdunited.org/resource-directory/>

Published 7/26

What comes next?

- Any state with an Affiliate will have their copy sent to them by e-mail to **request permission to share the Affiliate organization's name.**
 - At this time, we are not requesting feedback on the individual State Data Sheets, unless Affiliates notice incorrect or misleading data.
- The State Data Sheets will be published on the FASD United website and can be used for advocacy, awareness, public health messaging, grant applications, etc.
- *Please do not share the State Data Sheets until they have been published on our website.*

FASD United State Data Sheets

**currently the 2024 versions*

- Awareness of FASD & PAE
- Public health data with citations
- Policy and advocacy (not just for legislation)
- Full spreadsheet available

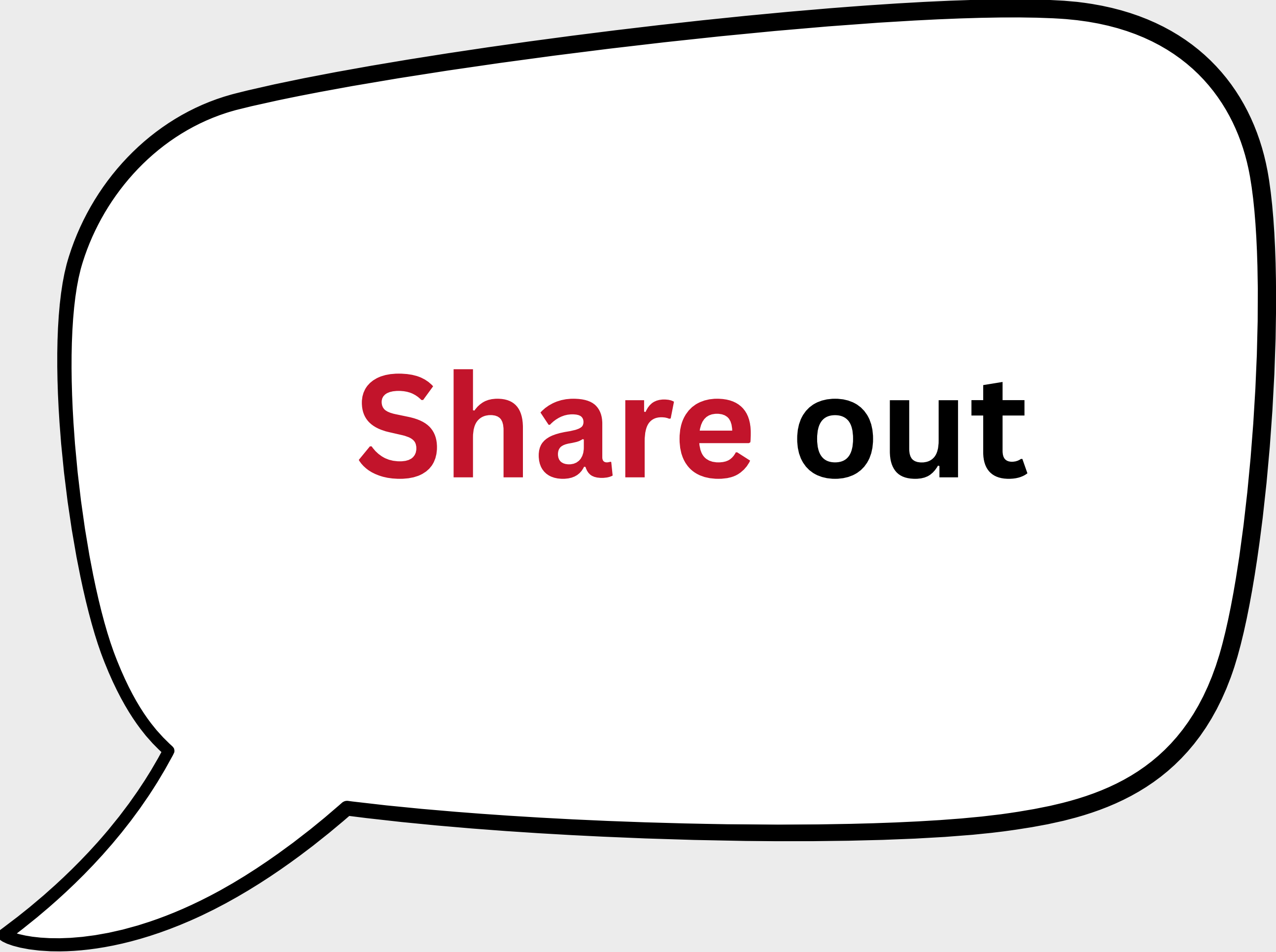


Connect with me at brown@FASDUnited.org

Breakout Discussion

1. Think about the State Data Sheets and how having information handy helps us do our work. What information is helpful to your program(s)?
 - a. To do the work?
 - b. To advocate for funding for the work?
2. How can Affiliates work together to gather this data? Would you like to see Affiliates more involved with this process/final product?





Share out



FASD United
Affiliate Network

CloseOut

More Questions?

SHARE YOUR NEWS

IN THE WEEKLY ROUND-UP



SHARE MAJOR UPDATES, WINS, AND
EVENTS TO BE SHARED ON THE FASD
UNITED WEEKLY ROUND-UP. GOES
OUT EVERY MONDAY.

